

## Acupressure For The Soul Biological Spirility And The Gifts Of The Emotions

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Welcome to the New Age. It is here. Now. Everywhere. From the way medicine treats the body, mind, and spirit to quantum physics and the films you see, you are noticing a changing reality. Whether you are a newcomer to this age or an adept, you will find this overview fascinating, informative, and empowering. It is a textbook designed to clarify concepts once considered alien to Western thinking. As a guidebook to expand your reality, it can change

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your ideas about time, space, matter, and even who you are.

"A Parable on Spiritual Transformation What is the purpose of human life? Who am I? What is the reality of this world I find myself in? Why do I find myself in the midst of certain troublesome circumstances? Who among us has not pondered some of these questions at times? On the outermost level, this book is a teaching metaphor similar to those used in all sacred traditions. But behind the parable is cosmic perspective on essence, individuality, and relationships. There is a view of human purpose, soul design, and divine direction that leads to a new look at the origin of suffering, healing, and the evolutionary dimensional shift. Through the voices of archetypes of consciousness, the book subliminally explores paths to power, love, beauty, strength, and mysticism. It moves through different dimensions of reality while simultaneously focusing on the mental, emotional, and physical aspects of life as instruments of expression that can be tuned to a higher purpose. *The Soul Remembers* is the expression of a spiritual journey that has assisted thousands in their own processes of self-remembrance, encouraging them to live more deeply and become personally responsible for cocreating heaven on earth."

Lord God Jehovah, as channeled through Arthur Fanning, reveals the course humanity must take to lead itself out of its fascination with density and the material into an expanding awareness that each human is a god with unlimited power and potential. An enlightening journey into higher consciousness.

In *Faces of Your Soul*, Elise Dirlam Ching and Kaleo Ching combine art and archetypes, meditation and acupressure, guided imagery, journaling, and many different creative processes in a collage of healing knowledge and wisdom. The authors start by stressing the balance of complementary opposites—left brain/right brain, challenge/comfort, practicality/the sacred—as crucial to beginning the journey. Then through guided imagery, they lead readers through subconscious realms to connect with archetypal sources of inner wisdom. This process frees the creative and healing spirit, connecting explorers with the body's instinctive intelligence, which expresses itself through the creation of art. Central to this process is a detailed description of maskmaking—including how to work with a partner to mold each other's gauze mask—balanced with self-explorations of the inner experience of this event. Poetry, personal stories, photographs, and a gallery of Kaleo Ching's evocative totemic masks expand the reader's experience of this richly resonant journey to self.

Simple and fast-acting self-treatment of emotional issues with acupressure points • Illustrates how to quickly treat emotional difficulties arising from acute crises or loss and long-term issues such as depression and anxiety • Explains how to remove the emotional blocks and scars at the root of many common physical ailments, such as eczema, ulcers, and weight gain • Provides guidance on treating others, including babies and children, and daily treatment routines to combat stress and create emotional and energetic balance Does emotion rule you or do you rule your emotions? With five point touch therapy, you can quickly counter negative emotional states as they arise, leaving you better able to cope with a crisis, as well as treat long-term issues such as depression and anxiety. More than just a self-help method, this technique, also called psycho-bio-acupressure (PBA), is also effective for children and babies, particularly for sleep problems and colic. Based on Dr. Delatte 's 20 years of research and decades of hands-on practice, PBA works by sequential activation of 5 acupressure points to produce an energetic circuit in the body. This circuit can provide immediate relief from acute negative emotions and, when applied regularly, prevent future emotional overreactions and treat deep-seated destructive emotional states. The book

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includes 22 five-point sequences for specific emotional issues, such as panic attacks or suppressed anger, and for removing the emotional blocks and scars at the root of many common physical ailments, such as eczema, asthma, and weight gain. Dr. Delatte explains how to combine the 22 sequences to treat more than 70 additional emotional and physical ailments as well as how to use this technique with homeopathy and Bach Flower Therapy for more stubborn conditions. Providing a daily routine of self-treatment to combat stress and balance your energetic centers, this book allows you to take control of your emotions as well as protect and enhance your health.

In ETs and the Explorer Race, Robert Shapiro channels Joopah, a Zeta Reticulan now in the ninth dimension, who continues the story of the great experiment -- the Explorer Race -- from the perspective of his race. The Zeta would have been humanity's future selves had not humanity re-created the past and changed the future. Fascinating information on: The true nature of the Zetas Abduction and contacts Who the different "Grays" are The three Zeta-human hybrid races How the hybrids will interact with Earth Our extraterrestrial chromosomes

This book is about the possibilities of transforming life from doing to being; the shift of fear to courage, sadness to joy, anger to love, illness to wellness. The basics require you to BE authentic to self, while learning that each person you meet is a mirror reflecting an answer necessary to live life. A symptom can be simple, such as a cold, or as complex as cancer. It is brought on as a message to self that you are no longer living your life. Each symptom is related to a trapped emotional feeling stored in an organ or gland. Low worth enables the emotional feeling to stay in the body, which affects the Energy Field that surrounds us and thus no longer protects us. The Soul has sent a message; first intuitively, second as an illness and finally as a disease. You have the ability to heal naturally as you connect, resolve, forgive and clear the past to become present. Let the Spirit (mind) be the wind beneath your wings, and choose the Soul (heart) as your internal mapping system.

In the third book of the Shining the Light series, the focus shifts from the dastardly deeds of the secret government to humanity's role in creation. Earth receives unprecedented aid from Creator and cosmic councils, who recently lifted us beyond the third dimension to avert a great catastrophe. Humanity begins to learn to render the sinister secret government powerless by being the light that we are. Earth becomes a member of the Council of Planets, and the universe time-shifts to preserve the Explorer Race. Source information shines the light of truth on: Photos of beings, portals, and holes in time and space Sinister secret government (mining on Hopi land, technology, terrorist activity, being forced to move, and more) Military resistance to global power grab by secret government Universal time shifts that preserved the Explorer Race The photon belt, which is your God-self coming to join you Be interested and aware of what is happening around you, but focus on what is happening within you " become aware of your becoming.

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