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That is a question Dr. Wayne Perry often hears as he works with beginning counselors or therapists. It is the question Basic Counseling Techniques seeks to answer. Born out of Dr. Perry's more than twenty-years' experience training marriage

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Step One - Learning the Basic Skills of

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Beginning and closed questions,
paraphrasing, summarizing, note
taking, homework, the 'goodie bag'
and other fun and informative stuff!

A. TECHNIQUES - Basic Counseling Skills

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Basic Counseling Techniques A
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Edition Wayne Perry has been a
therapist for than thirty years but he
still hears the same thing from
beginning counselors and therapists
Yes I know what the theory says but

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what do I do with this particular

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Publisher: AuthorHouse, 2008: ISBN:

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1463464312, 9781463464318: Length:
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Basic Counseling Techniques: A Beginning Therapist'S ...

When working with clients, counsellors draw on a number of basic counselling skills. They include: • Attending • Use

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of Silence • Reflecting and
Paraphrasing • Clarifying Questions •
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Basic Counselling Skills explained

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First impressions really are lasting impressions. It is important to be timely and friendly. Introduction – the first 10 minutes. Greet the client warmly – smile and shake hands. Escort to your office. Offer a chair and a drink of water. Your client will be

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Pattern of Sessions - Basic Counseling Skills

Basic Counseling Techniques: A
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Paperback – January 21, 2008 by
Wayne Perry (Author) 4.5 out of 5

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- Developed non-directive counseling
 - Basic techniques – active listening, reflection of feelings, clarification, and “being there” for the counselee
- Gestalt Therapy • Frederick S. Perls originated this theory • Stresses that people must find their own way in life and accept personal responsibility

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**PRINCIPLES OF COUNSELLING
HANDOUT**

Basic Counseling Techniques A
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Edition) ... Basic Counseling
Techniques. He provides practical
suggestions for setting up the therapy

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room, using audiovisual recording equipment, and conducting those first critical interviews. You'll learn how to:

...

Basic Counseling Techniques By Wayne Perry

The book Basic Counseling

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Techniques: A Beginning Therapist's Toolkit by C. Wayne Perry, D. Min, LMFT, is exactly what the title claims and more. The book begins with Dr. Perry's account of his own first experience with a locked ward in a mental hospital. He tells the reader how the experience helped him in a

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